

USARS 2009-2010 COMPETITIVE FIGURE REQUIREMENTS FOR REGIONAL AND NATIONAL CHAMPIONSHIPS

(12-18-09 – changes from previous season in red and/or italics)

AR11.05.07 Championship Draw – The championship draw for all figure, team and solo dance events will be posted to the USARS website on May 1st. Junior and Senior World Class National figure draw will take place on the practice day at the National Championships. The requirements will be reversed from the Regional Championships to the National Championships.

- (a) If there are a sufficient number of participants to hold an elimination round and a final round, the USARS “elimination listings” will be skated for the elimination round and the USARS “final listings” will be skated for the final round
- (b) If there is not a sufficient number of participants to hold an elimination round and a final round, the USARS “elimination listings” will be skated for the final round.

FIGURES

	Group I		Group II	
PRIMARY	1 2B 7A	ROF-LOF Circle Eight LIOF-RIOF Change Eight ROF-LOF Three	1B 2 7B	LOIF-ROIF Change Eight RIF-LIF Circle Eight LOF-ROF Three
JUVENILE A	5 A/B 7 A/B 9 A/B	OIF-IOF Serpentine OF-OF Three IF-OB Three	5 A/B 7 A/B 9 A/B	OIF-IOF Serpentine OF-OF Three IF-OB Three
JUVENILE B	2 11 A/B	RIF-LIF Circle Eight OF-OF Serpentine Eight	1B 112 A/B	LOIF-ROIF Change Eight IF-IF Serpentine Eight
ELEMENTARY A	3 A/B 9 A/B 10 A/B	OB-OB Circle Eight IF-OB Three OF-OF Double Three	3 A/B 8 A/B 11 A/B	OB-OB Circle Eight OF-IB Three IF-IF Double Three
ELEMENTARY B	5 A/B 7 A/B 9 A/B	OIF-IOF Serpentine OF-OF Three IF-OB Three	3 A/B 7 A/B 11 A/B	OB-OB Circle Eight OF-OF Three IF-IF Double Three
ELEMENTARY C	1B <i>112A/B</i>	LOIF-ROIF Change Eight <i>IF-IF Serpentine Eight</i>	<i>2B</i> <i>111A/B</i>	<i>LIOF-RIOF Change Eight</i> <i>OF-OF Serpentine Eight</i>
FRESHMAN A GIRLS	12 A/B 19 A/B 26 A/B	OB-OB Double Three IF-OB Bracket OIF-OIB Serpentine Three	4 10 A/B 22 A/B	RIB-LIB Circle Eight OF-OF Double Three OF-OB Counter
SOPHOMORE A WOMEN	12 A/B 19 A/B 23 A/B	OB-OB Double Three IF-OB Bracket IF-IB Counter	13 A/B 26 A/B 32 A/B	IB-IB Double Three OIF-OIB Serpentine Three OIF-OIB Serpentine Bracket
FRESHMAN/ SOPHOMORE A MEN	<i>4</i> <i>19A/B</i> <i>26A/B</i>	<i>RIB-LIB Circle Eight</i> <i>IF-OB Bracket</i> <i>OIF-OIB Serpentine Three</i>	<i>12A/B</i> <i>22A/B</i> <i>32A/B</i>	<i>OB-OB Double Three</i> <i>OF-OF Counter</i> <i>OIF-OIB Serpentine Bracket</i>
FRESHMAN / SOPHOMORE B	5 A/B 7 A/B 9 A/B	OIF-IOF Serpentine OF-OF Three IF-OB Three	3 A/B 8 A/B 11 A/B	OB-OB Circle Eight OF-IB Three IF-IF Double Three
FRESHMAN / SOPHOMORE C	2B <i>111A/B</i>	LIOF-RIOF Change Eight <i>OF-OF Serpentine Eight</i>	1B <i>112A/B</i>	LOIF-ROIF Change Eight <i>IF-IF Serpentine Eight</i>
CLASSIC A	8 A/B 12 A/B 23 A/B	OF-IB Three OB-OB Double Three IF-IB Counter	10 A/B 19 A/B 23 A/B	OF-OF Double Three IF-OB Bracket IF-IB Counter
PREMIER A Gold	3A <i>7B</i> 9A	ROB-LOB Circle Eight <i>LOF-ROF Three</i> RIF-LOB Three	3B <i>7A</i> 9B	LOB-ROB Circle Eight <i>ROF-LOF Three</i> LIF-ROB Three
PREMIER A Silver	1 2B 5B	ROF-LOF Circle Eight LIOF-RIOF Change Eight LOIF-RIOF Serpentine	1B 2 5A	LOIF-ROIF Change Eight RIF-LIF Circle Eight ROIF-LIOF Serpentine
NOVICE A	2 5 A/B 7 A/B	RIF-LIF Circle Eight OIF-IOF Serpentine OF-OF Three	1B 5 A/B 7 A/B	LOIF-ROIF Change Eight OIF-IOF Serpentine OF-OF Three
NOVICE B	1 2B 111A	ROF-LOF Circle Eight LIOF-RIOF Change Eight ROF-LOF Serpentine Eight	1B 2 112B	LOIF-ROIF Change Eight RIF-LIF Circle Eight LIF-RIF Serpentine Eight
ESQUIRE A	1 2B 112 A/B	ROF-LOF Circle Eight LIOF-RIOF Change Eight IF-IF Serpentine Eight	2 5 A/B 111 A/B	RIF-LIF Circle Eight OIF-IOF Serpentine OF-OF Serpentine Eight

	Group 1		Group II	
MASTERS A	1B 2 111 A/B	LOIF-ROIF Change Eight RIF-LIF Circle Eight OF-OF Serpentine Eight	1 5 A/B 112 A/B	ROF-LOF Circle Eight OIF-IOF Serpentine IF-IF Serpentine Eight
VETERANS A	1B 2 111 A/B	LOIF-ROIF Change Eight RIF-LIF Circle Eight OF-OF Serpentine Eight	1 5 A/B 112 A/B	ROF-LOF Circle Eight OIF-IOF Serpentine IF-IF Serpentine Eight
GOLDEN A	<i>1B 112A/B</i>	<i>LOIF-ROIF Change Eight IF-IF Serpentine Eight</i>	<i>2B 111A/B</i>	<i>LIOF-RIOF Change Eight OF-OF Serpentine Eight</i>
ELEMENTARY LOOPS	14 A/B 15 A/B 30 A/B	OF-OF Loop IF-IF Loop OIF-IOF Serpentine Loop	14 A/B 15 A/B 30 A/B	OF-OF Loop IF-IF Loop OIF-IOF Serpentine Loop
OPEN LOOPS	14 A/B 15 A/B 30 A/B	OF-OF Loop IF-IF Loop OIF-IOF Serpentine Loop	14 A/B 15 A/B 30 A/B	OF-OF Loop IF-IF Loop OIF-IOF Serpentine Loop
ADVANCED LOOPS Final Only 3 Repetitions	16 A/B 31 A/B 38 A/B	OB-OB Loop OIB-IOB Serpentine Loop OF-IF Paragraph Loop	17 A/B 31 A/B 38 A/B	IB-IB Loop OIB-IOB Serpentine Loop OF-IF Paragraph Loop
CIRCLE LOOPS (Regional Event ONLY) Juv/Elem B (12-) Fresh/Soph B (13+)	<i>114B 130A</i>	<i>LOF-ROF Loop Circle Eight ROIF-LIOF Serpentine Loop Circle</i>	<i>115A 130B</i>	<i>RIF-LIF Loop Circle Eight LOIF-RIOF Serpentine Loop Circle</i>
SENIOR WC				
	Group 1		Group 2	
Three (3) repetitions for all loop figures, and figures using Serpentine patterns.	20A/B 37A/B 38A/B 41A/B	OF-OB Rocker OB-IB Para. Dbl Threes OF-IF Para. Loop OB-IB Para. Brackets	21A/B 36A/B 39A/B 40A/B	IF-IB Rocker OF-IF Para. Dbl. Threes OB-IB Para. Loop OF-IF Paragraph Brackets
	Group 3		Group 4	
All paragraph figures will be limited to two (2) repetitions.	22A/B 37A/B 38A/B 41A/B	OF-OB Counter OB-IB Para. Dbl Threes OF-IF Para. Loop OB-IB Para. Brackets	23A/B 36A/B 39A/B 40A/B	IF-IB Counter OF-IF Para. Dbl. Threes OB-IB Para. Loop OF-IF Paragraph Brackets
JUNIOR/JUNIOR WC				
	Group 1		Group 2	
Three (3) repetitions for all loop figures, and figures using Serpentine patterns. All paragraph figures will be limited to two (2) repetitions.	21A/B 32A/B 31A/B 36A/B	IF-IB Rocker OIF-OIB Ser. Bracket OIB-IOB Serp. Loop OF-IF Para. Dbl. Three	22A/B 29A/B 38A/B 33A/B	OF-OB Counter OIB-IOB Serp. Dbl. Three OF- IF Para. Loop IOF-IOB Serpentine Bracket
	Group 3			
	23A/B 28A/B 31A/B 40A/B	IF-IB Counter OIF-IOF Serp. Dbl. Three OIB-IOB Serpentine Loop OF-IF Paragraph Bracket		

NOTE: Citing Figure Skating (Artistic) Rule ARI 1.09.05 (a) and (b), Junior/Junior World Class and Senior World Class will skate a final event only. Using CIPA rules three (3) repetitions for all loop figures, and figures using Serpentine patterns. All paragraph figures will be limited to two (2) repetitions.

NOTE: The figures for the Regional and National Championships will be drawn on May 1, 2010. The figures for the National Championships for both Junior/Junior World Class and Senior World Class will be drawn on their respective National practice days. Refer to ARI 17.16.05.

NOTE: The Regional and National draw for this season did not follow the traditional draw where if the first figure was an "A" figure by default, the second figure would be a "B" figure. This season, if the first figure had no "A" or "B" designation, it was disregarded in the rotation of "A" and "B" figures.

USARS 2009-2010 COMPETITIVE DANCE REQUIREMENTS FOR REGIONAL AND NATIONAL CHAMPIONSHIPS

(12-18-09 – changes from previous season in red and/or italics)

The draw for the domestic dances for the Regional & National Championships will be drawn on May 1, 2010.
DRAW FOR DANCES – ARI 1.05.02 through ARI 1.05.07 (FIGURE RULES BOOK)

TEAM DANCE

	Group I	Group II
JUVENILE A	Glide Waltz (108) <i>Academy Blues (88)</i> Progressive Tango (100)	<i>City Blues (88)</i> Balanciaga (100) Denver Shuffle (100)
ELEMENTARY A	Double Cross Waltz (138) Siesta Tango (100) Skaters March (100)	Academy Blues (88) Chase Waltz (108) Denver Shuffle (100)
JUVENILE / ELEMENTARY B	Glide Waltz (108) Progressive Tango (100)	City Blues (88) Balanciaga (100)
FRESHMAN A	<i>Werner Tango (96)</i> <i>Chase Waltz (108)</i> <i>JoAnn Foxtrot (92)</i>	Southland Swing (88) California Swing (138) <i>Split Polka (100)</i>
SOPHOMORE A	<i>Delicado (100)</i> Fascination Foxtrot (92) Casino March (100)	Border Blues (88) Imperial Waltz (120) Fourteen Step (100)
FRESHMAN / SOPHOMORE B	City Blues (88) Carey Foxtrot (92) Chase Waltz (108)	Siesta Tango (100) Dutch Waltz (120) Bounce Boogie (100)
JUNIOR	Flirtation Waltz (108) Keats Foxtrot (92) Harris Tango (100)	Dench Blues (88) Fourteen Step (104) American Waltz (168)
CLASSIC A	<i>Southland Swing (88)</i> <i>Milonga Tango (100)</i> <i>Chase Waltz (108)</i>	<i>Swing Dance (96)</i> <i>Fiesta Tango (modified) (100)</i> <i>Boston Boogie (side B) (100)</i>
PREMIER A Gold	<i>Boston Boogie (100)</i> JoAnn Foxtrot (92) <i>California Swing (138)</i>	Border Blues (88) <i>Marionette Waltz (138)</i> Fiesta Tango (100) <i>Modified</i>
PREMIER A Silver	Century Blues (88) Syncopated Swing (96) Split Polka (100)	Dore Foxtrot (92) Carlos Tango (96) <i>Pilgrim Waltz (138)</i>
<i>Novice A</i>	<i>Siesta Tango (100)</i> <i>Pilgrim Waltz (138)</i> <i>La Vista Cha (100)</i>	<i>Chase Waltz (108)</i> <i>Rhythm Blues (88)</i> <i>Syncopated Swing (96)</i>
NOVICE B	Casino Tango (100) Academy Blues (88)	Swing Waltz (120) Denver Shuffle (100)
ESQUIRE A	<i>Tara Tango (100)</i> Carey Foxtrot (92) Bounce Boogie (100)	<i>Double Cross Waltz (138)</i> City Blues (88) Balanciaga (100)
MASTERS A	Casino Tango (100) Carey Foxtrot (92) Bounce Boogie (100)	<i>Swing Waltz (120)</i> Rhythm Blues (88) Balanciaga (100)
VETERANS A	City Blues (88) Dutch Waltz (120) Skaters March (100)	<i>Dore Foxtrot (92)</i> Tara Tango (100) Denver Shuffle (100)
JUNIOR WORLD CLASS COMPULSORY Junior World Class Team Dance must skate four (4) sequences of the Rocker Foxtrot and two (2) sequences of the Flirtation Waltz. Opening steps may not exceed 24 beats of music.	<i>Rocker Foxtrot (104)</i> <i>Flirtation Waltz (120)</i>	FREE DANCE: (Junior & Senior) Vocal music may be used. 3:30 +/- 10 sec.
SENIOR WORLD CLASS COMPULSORY Senior World Class Team Dance must skate two (2) sequences of each dance. Opening steps may not exceed 24 beats of music.	<i>Castel March (100)</i> <i>Starlight Waltz (168)</i>	OD: (Junior & Senior) <i>Latin Combinations (Mamba, Cha Cha, Samba, Rhumba)</i> (Vocal music may be used). 2:30 +/- 10 sec.

SOLO DANCE

	Group I	Group II
PRIMARY	Glide Waltz (108) Progressive Tango (100)	City Blues (88) Balanciaga (100)
JUVENILE A	Skaters March (100) Academy Blues (88) Denver Shuffle (100)	Swing Waltz (120) Rhythm Blues (88) Casino Tango (100)
ELEMENTARY A	Dutch Waltz (120) Siesta Tango (100) La Vista Cha-Cha (100)	Carey Foxtrot (92) Chase Waltz (108) Tara Tango (100)
ELEMENTARY B	Glide Waltz (108) Progressive Tango (100)	City Blues (88) Balanciaga (100)
FRESHMAN A	California Swing (138) <i>Boston Boogie (100)</i> Siesta Tango (100)	<i>Marylee Foxtrot (92)</i> <i>Milonga Tango (100)</i> Casino March (100)
SOPHOMORE A	Fascination Foxtrot (92) <i>Werner Tango (96)</i> <i>Viva Cha-Cha (100)</i>	Border Blues (88) <i>JoAnn Foxtrot (92)</i> <i>Delicado (100)</i>
FRESHMAN / SOPHOMORE B	Dutch Waltz (120) Siesta Tango (100) <i>Skaters March (100)</i>	Rhythm Blues (88) Chase Waltz (108) Bounce Boogie (100)
FRESHMAN / SOPHOMORE C	Glide Waltz (108) Progressive Tango (100)	City Blues (88) Balanciaga (100)
CLASSIC A	Fascination Foxtrot (92) Flirtation Waltz (108) <i>Casino March (100)</i>	<i>Border Blues (88)</i> <i>California Swing (138)</i> Ten Fox (100)
JUNIOR	Willow Waltz (138) Carroll Swing (100) Keats Foxtrot (92)	Continental Waltz (168) (Men's Steps) Dench Blues (88) Paso Doble (100) (Men's Steps)
SENIOR	Silhouette Foxtrot (100) Westminster Waltz (138) Quickstep (100)	Argentine Tango (96) Viennese Waltz (138) Kilian (100)
PREMIER A Gold	<i>Boston Boogie (100)</i> JoAnn Foxtrot (92) <i>California Swing (138)</i>	Border Blues (88) <i>Marionette Waltz (138)</i> Fiesta Tango (100)
PREMIER A Silver	Century Blues (88) Syncopated Swing (96) Split Polka (100)	Dore Foxtrot (92) Carlos Tango (96) <i>Pilgrim Waltz (138)</i>
NOVICE A	Siesta Tango (100) Dore Foxtrot (92) <i>Skaters March (100)</i>	Chase Waltz (108) La Vista Cha-Cha (100) Rhythm Blues (88)
NOVICE B	City Blues (88) <i>Tara Tango (100)</i>	Swing Waltz (120) Denver Shuffle (100)
ESQUIRE A	City Blues (88) Bounce Boogie (100) Dore' Foxtrot (92)	<i>120 Waltz (120)</i> Balanciaga (100) <i>Milonga Tango (100)</i>
ESQUIRE B	Glide Waltz (108) Progressive Tango (100)	City Blues (88) Balanciaga (100)
MASTERS A	Casino Tango (100) <i>Carey Foxtrot (92)</i> <i>Double Cross Waltz (138)</i>	Balanciaga (100) City Blues (88) <i>La Vista Cha-Cha (100)</i>
VETERANS A	<i>Swing Waltz (120)</i> Academy Blues (88) Denver Shuffle (100)	Casino Tango (100) Carey Foxtrot (92) <i>Balanciaga (100)</i>
GOLDEN A	<i>City Blues (88)</i> <i>Tara Tango (100)</i>	<i>Swing Waltz (120)</i> <i>Denver Shuffle (100)</i>

Special Competitive Rules:

(1) *Siesta Tango* – hand hold on steps 9 through 13 is optional. (TEAM)

INTERNATIONAL SOLO DANCE

<p>YOUTH INTERNATIONAL SOLO Youth International Solo Dance must skate two (2) times around the floor with four (4) sequences of the dance. No Free Dance. Opening steps may not exceed 24 beats of music.</p>	<p>Fiesta Tango (100) (CIPA) <i>Kleiner Waltz (138) (Men's Steps)</i></p>	<p>For Youth Solo compulsory see Figure Skating (Artistic) rule AR.8.02.94</p>
<p>JUNIOR WORLD CLASS SOLO Junior World Class Solo must skate two (2) sequences of each dance. Opening steps may not exceed 24 beats of music.</p>	<p><i>Dench Blues (88)</i> <i>Harris (100)</i> (CIPA single pattern for each dance)</p>	<p>For World Class Junior Solo Compulsory and Solo Free Dance see Figure Skating (Artistic) rule AR.8.02.93 & AR.11.04.08 Time of skating 2:30 +/- 10 sec. Vocal music may be used.</p>
<p>SENIOR WORLD CLASS SOLO Senior World Class Solo must skate two (2) sequences of each dance. Opening steps may not exceed 24 beats of music.</p>	<p><i>Paso Doble (112)</i> <i>Argentine Tango (96)</i></p>	<p>For World Class Solo Compulsory and Solo Free Dance see Figure Skating (Artistic) rule AR.8.02.92 & AR.11.04.08 Time of skating 2:30 +/- 10 sec. Vocal music may be used.</p>

NOTE: *The International Junior World Class Solo event will be Co-ed jointly skated by males and females. Skaters may participate in both Junior and Senior World Class Solo Dance and Domestic Team Dance and or Domestic Solo Dance events within the same Championship. EXCEPT those skaters who participate in the World Class Junior or Senior Team Dance event CANNOT skate any solo dance event in the same Championships. World Class Junior and Senior contestants will skate two compulsories and a solo free dance.*

NOTE: *The Youth International Solo Dance events will be Co-ed jointly skated by males and females (final only). Skaters may participate in both domestic team dance and or domestic solo dance within the same championships. Any skater who enters the Youth International Solo Dance event and the Open Solo Free Dance Event, will be qualified for the "combined" event of the Youth International Solo event.*

CIPA FOOTWORK FOR THE 2009-2010 SEASON IS CIRCLE PATTERN

(See AR11.04.12)